

Your vet has prescribed your dog Clomicalm.
What does this mean?

Shaping the future of animal health

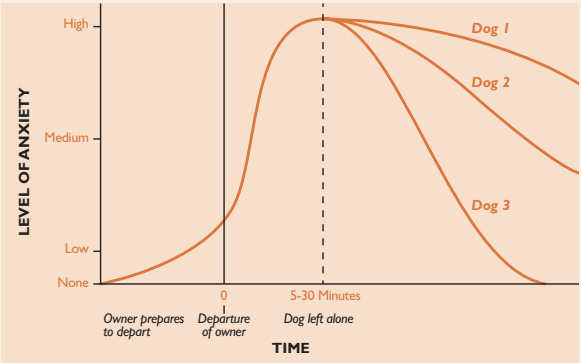
Virbac

What is canine separation anxiety and what are the common signs?

Canine separation anxiety is one of the most common behavioural disorders in dogs, with up to 1 in 5 dogs estimated to be affected[1].

The main differentiating feature of canine separation anxiety from other behavioural disorders is that the behaviour is in response to the owner leaving. Behavioural signs are often displayed within the first few minutes and some dogs may even display signs prior to the owner's departure[2].

Change in dog's anxiety over time in relationship to owner's departure



Voith V.L., Borchelt P.L., "Separation Anxiety in Dogs," Readings in Companion Animal Behavior, Ist Edition, Veterinary Learning Systems, Trenton, NJ 1996.

Distress vocalisation: howling, barking, whining

Inappropriate elimination: urination, defaecation

Destructive behaviour: chewing, digging

Stereotypical behaviour: pacing, circling, excessive grooming, self-mutilation

Hyperattachment: excessive greeting behaviour, constant pestering of owner

Hypersalivation

- ☐ Separation anxiety is often seen in younger dogs as well as dogs over 9 years of age.
- ☐ The clinical signs of canine separation anxiety are varied and range from mild to severe.



1. Salonen, M., Sulkama, S., Mikkola, S., Puurunen, J., Hakanen, E., Tiira, K., Araujo, C. and Lohi, H., 2020. Prevalence, comorbidity, and breed differences in canine anxiety in 13,700 Finnish pet dogs. Scientific Reports, 10(1).
2. Voith VL, Borchelt PL, Separation Anxiety in Dogs. Canine Separation Anxiety. 1985;7,(1): 41 -51.

Clomicalm™

Common Clomicalm Q&A's

Q: WHAT DOES THE MEDICATION DO?

A: Your vet has prescribed a medication called Clomicalm. This helps relieve your pet's anxiety and makes it easier for them to learn new, positive behaviours.

Q: HOW SOON WILL I SEE RESULTS?

A: You should notice an improvement within a month or less.

Q: ARE THERE SIDE EFFECTS WITH CLOMICALM TABLETS?

A: In extensive tests, Clomicalm tablets have been proven to be well tolerated by dogs. However, they must be kept out of the reach of children. Speak to your vet to discuss the actions of this medication so you are familiar with what may be seen.

Q: CAN CLOMICALM TABLETS BE GIVEN AT THE SAME TIME AS OTHER MEDICINES?

A: There are some medicines that should not be used with Clomicalm tablets. Always consult your vet before giving any medicine to your pet.

Q: WILL CLOMICALM TABLETS AFFECT MY DOG'S PERSONALITY?

A: No. Clomicalm tablets do not alter a dog's personality or memory. They are not sedatives or tranquilisers. Some dogs act a little sleepy during the first week of treatment, but this is normal and lasts only a short time. Clomicalm tablets are very well tolerated by most dogs. The most common side effect is vomiting. It may help to give your dog Clomicalm tablets with food. Please refer to product labelling for additional information.

Q: DO CLOMICALM TABLETS HAVE TO BE GIVEN WITH A MEAL?

A: It is not necessary to give Clomicalm Tablets with food in order for the medication to work, however it may lower the risk of vomiting.

Q: HOW LONG WILL MY DOG HAVE TO STAY ON CLOMICALM? COULD HE EXPERIENCE A RELAPSE?

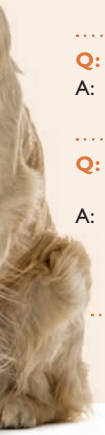
A: The length of treatment varies on a case-by-case basis, so please consult your vet. Sometimes a dog may have a relapse, particularly if there have been changes in the family routine such as moving to a new home or changing your work schedule.

Q: WILL CLOMICALM TABLETS HELP DOGS WHO ARE AGGRESSIVE?

A: No. Clomicalm tablets are not labelled for the treatment of aggression disorders and should not be used in these dogs.

Q: WHAT IF MY DOG SUFFERS FROM SEPARATION ANXIETY AND IS ALSO AGGRESSIVE?

A: The combination of aggression and separation anxiety is a complicated situation. Clomicalm tablets are ONLY labelled for treatment of separation anxiety. Aggressive behaviours can impact the effectiveness of the behavioural training therapy needed with Clomicalm tablets. Your vet may refer you to a recognised behaviourist before initiating treatment in situations like this.



The Clomicalm™ (clomipramine hydrochloride) Plan
Behavioural Modification Techniques

1. BEFORE LEAVING



You should pay no attention to your dog for 20-30 minutes before departure.

Note: Departure should be low key, without elaborate goodbyes.



You should leave a special toy or treat to distract your dog when leaving and remove the item upon return.

Note: This should be something special, like a food-filled treat, to associate departure with something positive and to occupy the dog when you leave.

2. WHEN RETURNING



You should ignore your dog until they are quiet and relaxed, then interact at your own initiative.

Note: Interacting when your dog is quiet rewards their calm behaviour.



You must not reprimand your dog for destructive behaviour or for urinating or defaecating in the house.

Note: You must understand that your dog could not control themselves when alone. Punishment will only increase their anxiety.

3. AT HOME



You should interact with your dog only at your own initiative and when your dog is relaxed.

Note: You should encourage independence, by avoiding constant physical contact with your dog.



You should teach your dog to stay calm as you move away, gradually increasing the distance and the time away.

Note: You should teach your dog to sit and stay in place as you back away, praising his calm behaviour. Gradually increase distance and time away to help your dog become independent and cope with being alone.



You should give departure cues (e.g., put on coat, play with car keys at times other than departure.

Note: Your dog may begin to panic when it sees departure cues. This technique will help them become indifferent to them.

Clomicalm Tablets for Dogs contain Clomipramine Hydrochloride POM-V.

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Use Medicines Responsibly. www.noah.co.uk
Prescription decisions are for the person issuing the prescription alone.

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